

PRODUCT INFO

HAIR SKIN NAILS

BEAUTIFYING SUPPLEMENT WITH KERATIN AND BIOTIN

60 Capsules

With key ingredients Biotin and Keratin, Hair Skin Nails helps boost your body's natural Collagen and Keratin production so you can easily achieve and maintain healthy structures for your hair, skin, and nails.† By adding just two capsules to your morning routine, you'll see healthier hair, more radiant skin, and stronger nails that begin from within.†

Features and Benefits:

- Includes Vitamin A and Biotin for healthy hair growth, strong nails, and glowing skin†
- Boosts your body's natural Collagen and Keratin production†
- Moisturizes while enhancing skin elasticity and flexibility†
- Supports your body's defenses against free-radical damage†
- Protects and supports natural skin renewal with Zinc, Copper, and Manganese†



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Vitamin A (as retinyl palmitate)	900 mcg	100%
Biotin	10,000 mcg	33,333%
Zinc (as zinc citrate)	20 mg	182%
Copper (as copper gluconate)	2 mg	222%
Manganese (as manganese gluconate)	4 mg	174%
MSM (methylsulfonylmethane)	300 mg	*
Hydrolyzed keratin	30 mg	*
Trans-Pterostillbene	1 mg	*
It Works! Botanical Beauty Blend	425 mg	*
Grape seed extract (95% polyphenols), Fo-ti (He Shou Wu) root extract, Amla fruit extract, Rose hips (fruit), Horsetail stem extract (natural silica), Aronia (<i>Aronia melanocarpa</i>) berry extract, Avocado fruit, Olive fruit extract, Aloe vera leaf extract, Goji (<i>Lycium barbarum</i>) fruit extract, and Melon fruit juice concentrate (Extramel®)		

*Daily Value not established.

Other Ingredients: Rice flour, vegetable capsule (hypromellose, black/purple carrot concentrate), magnesium stearate, and silica.

SUGGESTED USE

Take two Hair Skin Nails capsules daily with food to nourish your hair, skin, and nails from within. For optimal benefits, pair Hair Skin Nails with the complete It Works! BeautyWorks skincare line.

CAUTION

Consult your physician if you are pregnant, nursing, taking medication, or have a medical condition.

WARNING

Keep out of reach of children. Do not use if tamper-evident seal is broken or missing. Store at 59°-86° F (15°-30° C). Protect from heat, light, and moisture.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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FREQUENTLY ASKED QUESTIONS

When and how should I take Hair Skin Nails?

To achieve your best results, take two Hair Skin Nails capsules every day with food. Be sure to drink plenty of water while using Hair Skin Nails—at least eight glasses each day. Adding Hair Skin Nails to your morning skincare routine is a simple way to gain confidence in your hair, skin, and nails that starts from the inside out.

What are some of the key, active ingredients in Hair Skin Nails?

Some of the most important ingredients in Hair Skin Nails include:

- **Biotin** – Hair Skin Nails contains 10,000 mcg of Biotin to help boost Keratin production, which is critical for healthy hair growth, strong nails, and glowing skin†
- **Keratin** – A new addition to the formula that helps maintain healthy hair, skin, and nails†
- **Vitamin A** – Helps keep skin moisturized and hydrated for a radiant, dewy appearance†

Is Hair Skin Nails skincare or a supplement?

Hair Skin Nails is both a supplement and an essential addition to your skincare routine. By taking two capsules a day, you can achieve and maintain stronger hair, skin, and nails.† Hair Skin Nails should be used each morning for radiant nutrition that begins on the inside—then, combine it with the complete It Works! skincare collection to help nourish, cleanse, firm, and protect your skin from the outside, too.

What are the benefits of regularly taking Hair Skin Nails?

Including Hair Skin Nails in your routine and lifestyle helps you achieve healthy hair, skin, and nail structures.† The formula also protects your skin from daily environmental pollutants while maintaining strong nails, shiny hair, and smooth skin.† It's a simple way to get back to the basics of healthy skincare habits.

How does Hair Skin Nails work?

Biotin, Keratin, and plant-based nutrients blend together to help support healthy hair and skin, while Zinc, Copper, and Manganese protect natural skin renewal and Collagen production.† The essential vitamins found in Hair Skin Nails are important for maintaining healthy hair growth and strengthening your nails.†

